



# Solanie

PROFESSIONAL COSMETICS

**AROMA SENSE**

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ENHANCING BEAUTY  
THROUGH THE POWER  
OF ESSENTIAL OILS

## AROMA SENSE CONCEPT TO DELIGHT YOUR CLIENTS

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**Discover the world of carefully selected essential oils, where the power of nature meets the expertise of cosmetic esthetician.**



Essential oils, in addition to being cosmetic ingredients, are incredible gifts from nature, benefiting both the skin and the mind. Their functions can be understood by observing how plants adapt in their environments. Plants produce essential oils to protect themselves or to attract animals for pollination or seed dispersal. **These oils are fundamentally aromatic compounds that provide various effects, easily penetrating the skin due to their small molecular size, entering the bloodstream, crossing the blood-brain barrier, and interacting with cell membranes.** The use of essential oils requires knowledge and care.

Solanie created the **Aroma Sense line** to allow you to enhance your services by using the powerful forces of essential oils **to support your clients' physical, mental, and emotional health.** Our goal is to **provide high-level treatment experience** that leverage the therapeutic benefits of carefully selected essential oils.

**These 100% natural essential oils** are perfect for treating and alleviating various skin problems.

Essential oils offer an eco-friendly and natural alternative, allowing us to connect with the healing and nurturing power of nature. **The Solanie Aroma Sense series stands out with its compact product range and easy-to-follow treatment concepts, allowing anyone to become the aromatherapist of their salon.** This product line offers everything a beauty salon may need for treatments.

CAREFULLY SELECTED OILS FROM ALL AROUND THE WORLD,  
PROVIDING SOLUTIONS FOR EVERY COSMETIC PROBLEM.

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Sourced through years of research from all over the world, we carefully bottle **the highest quality** therapeutic grade essential oils. Each bottle contains **pure, natural essential oils** that not only benefit the skin but also promote emotional and mental well-being. These unique essences, through their energizing effects, refresh the body and mind, while also boosting moods. Through aromatherapy, the positive effects transmitted by essential oils can help reduce stress, maintain emotional balance, and create harmony between the body and mind.

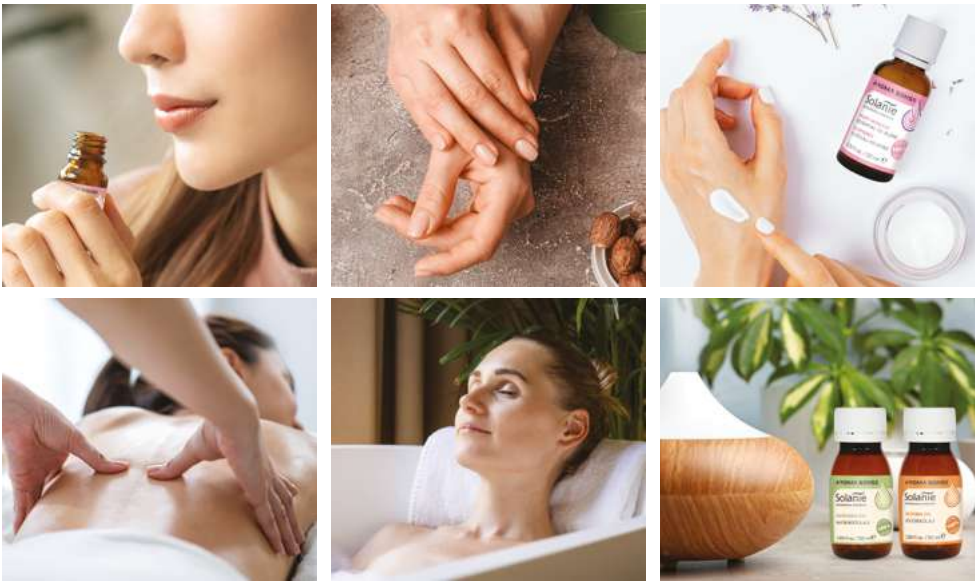
**Each essential oil has unique properties that facilitate harmonious care for both skin and soul.** Every oil has its own unique molecular structure special ingredients that provide targeted solutions for various skin concerns.



# AROMATHERAPY TODAY

Aromatherapy aims at the individual's physical, emotional, mental, and spiritual health, using genuine essential **oils in holistic therapeutic treatments**. Their beneficial effects are attributed to the compounds found in essential oils.

Essential oils can be inhaled, diluted and applied to the skin, added to skincare products, used in massage oils or bath water, dispersed with a diffuser, or medically trained aromatherapist may also prescribe internally.



## WIDE RANGE OF APPLICATIONS FOR VARIOUS PURPOSES:



Skin conditions,  
skincare



Stress, anxiety,  
exhaustion



Sleep  
problems,  
insomnia



Mood  
enhancement



Respiratory  
problems



Headaches,  
migraines



Pain relief



Joint problems,  
rheumatism



Digestive  
problems



Hormonal  
issues



# EASY TO USE, EFFECTIVE TREATMENTS

Solanie's portfolio includes not only **mono essential oils** and **base oils** but also nourishing and hydrating **cream and gel bases**, and carefully formulated **essential oil and base oil blends** developed for several skin concerns.

You can incorporate therapeutic oils and the necessary carrier cosmetics into any beauty treatment or use them independently with a holistic approach.



## MONO ESSENTIAL OILS

Always apply them diluted in a base oil or base oil blend!  
Do not apply directly to the skin!

- |               |                       |                |
|---------------|-----------------------|----------------|
| 🌿 Eucalyptus  | 💜 Lavender            | 🌹 Geranium     |
| 🍷 Grapefruit  | 💙 Peppermint          | 🌺 Palmarosa    |
| 🍋 Ylang-Ylang | 🌱 Bergamot            | 🍊 Citrus Limon |
| 🍊 Orange      | 🌿 Indian Lemongrass   |                |
| 🌿 Cinnamon    | 🌿 Australian Tea Tree |                |



## ESSENTIAL OIL BLENDS FOR AROMA DIFFUSERS OR ELECTRIC DIFFUSERS

Used to stimulate mood and senses.  
Do not apply to skin or use in cosmetics!

- |                   |                 |
|-------------------|-----------------|
| 💜 Pleasant Dreams | 💙 Magic Moments |
| 🌿 Well-being      | 🌺 Wispy Honour  |
| 🍊 Citrus Splash   | 🌱 Pure Ideas    |



## ESSENTIAL OIL BLENDS SKINCARE

Ideal for targeted facial treatments:

- |  |
|--|
| 💙 Carrier Oil Blend for Problematic Skin |
| 🌺 Carrier Oil Blend for Anti-aging       |

## BASE OILS AND BASE OIL BLENDS

- |                  |                         |
|------------------|-------------------------|
| 🌱 Avocado        | 💙 Argan & Q10 Oil Blend |
| 🍊 Apricot Kernel | 💙 For problematic skin  |
| 🍊 Jojoba         | 🌺 For anti-aging        |

## CREAM AND GEL BASES

FOR ESSENTIAL AND BASE OIL BLENDS

- |                                |
|--------------------------------|
| 🌱 E + F Vitamin Repair Cream   |
| 💙 Hyaluronic Hydro Booster Gel |

# THE EFFECTS OF ESSENTIAL AND BASE OILS ON THE SKIN AND THE HOLISTIC APPROACH

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The skin is permeable to vapors and gases. Essential oils easily evaporate, and their molecules enter the skin via diffusion, so their application requires careful attention. They can have beneficial effects, but overuse or improper application can cause skin problems like irritation, allergies, or other issues. Always study the usage instructions carefully and understand how essential and base oils affect the skin!



## EFFECTS OF ESSENTIAL OILS ON THE SKIN:

- 🟢 **Improve circulation**, speeding up the elimination of waste products and improving oxygen and nutrient supply to tissues
- 🟢 **Antiseptic** properties
- 🟢 **Anti-inflammatory** effects
- 🟢 **Promote wound healing** through scar tissue formation
- 🟢 Should only be applied to the skin with a carrier oil, so their effects are combined

## EFFECTS OF COLD-PRESSED PLANT OILS (BASE OILS) ON THE SKIN:

Cold pressing is a mechanical process where oil-containing seeds are pressed without using solvents or chemicals, ensuring no heat is applied. **This preserves the valuable active ingredients, vitamins, minerals, lipids in the oil.** As a result, they not only serve as carriers during aromatherapy treatments but also provide valuable benefits on their own right.

## COMPLETE AROMATHERAPY TREATMENT WITH A HOLISTIC APPROACH

The holistic approach in cosmetic treatment means **we don't just focus on the skin type, skin conditions, or the current skin state. We also focus to the client's overall physical and mental well-being.** In this approach, the client is seen as a whole person, as the body and mind are interconnected, with emotional experiences and physical issues influencing each other.

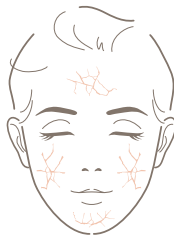
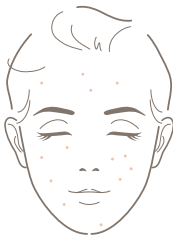
# CLASSIFICATION OF ESSENTIAL OILS

There are many classifications for essential oils based on their specific and unique properties. However, the goal is to help you choose the best oil for any given situation.

Categories	Main Characteristics	In the Solanie Aroma Sense series:		
		Mono Essential Oils	Essential oil blends	Essential oil blends for diffuser
Citrus Fruits	<b>General:</b> Stimulating, mood-boosting, energizing <b>On the skin:</b> soothing, antiseptic, antioxidant	Bergamot		Whispy Honour, Citrus Splash
		Citrus limon		Magical Moments
		Orange		
		Grapefruit		Citrus Splash
		Sweet orange		Pleasant Dreams, Citrus Splash, Whispy Honour, Magical moments
Herbs	<b>General:</b> Immune-boosting, detoxifying. <b>On the skin:</b> antiviral, antifungal, antibacterial, antiparasitic	Peppermint		Pure Ideas
		Indian Lemongrass	For problematic skin, For anti-aging	Well-being, Citrus Splash, Pure Ideas
		Palmarosa	For problematic skin, For anti-aging	Well-being
		Australian Tea Tree	For problematic skin	
		Eucalyptus		Well-being
Flowers	<b>General:</b> Relaxing, anti-spasmodic, anti-allergy, pain-relieving <b>On the skin:</b> anti-inflammatory, regenerating, balancing	Lavender	For problematic skin, For anti-aging	Pleasant Dreams, Wispy Honour
		Geranium	For dry/ mature skin	Pleasant Dreams
		Ylang-Ylang	For problematic skin	Pleasant Dreams, Wispy Honour, Magical Moments
Resins	<b>General:</b> Pain relief, antidepressant, restorative. <b>On the skin:</b> regenerating, cell-protecting, anti-inflammatory	Frankincense	For anti-aging	Magical Moments, Pleasant Dreams
Spices	<b>General:</b> Warming, stimulating digestion, immune-boosting, aphrodisiac <b>On the skin:</b> antiparasitic, circulation-boosting	Cinnamon		Magical Moments
		Ginger*		Pure Ideas
Trees	<b>General:</b> Mucolytic, relaxing, balancing, pain-relieving. <b>On the skin:</b> regenerating, astringent	Cedarwood*		Magical Moments
		Cypress*		Pure Ideas

\*Essential oils not available individually in the Solanie Aroma Sense line.

# CLASSIFICATION OF MONO ESSENTIAL OILS , ESSENTIAL OIL BLENDS AND BASE OILS **BY SKIN TYPES**



Seborrheic Skin Types	Dehydrated Skin Types	Alipic Skin Types
Essential oil		
Lavender oil Australian Tea Tree oil Grapefruit oil Geranium oil Ylang-Ylang oil Bergamot oil Citrus limon oil Sweet orange oil Eucalyptus oil Peppermint oil	Lavender oil Geranium oil Palmarosa oil Sweet orange oil Peppermint oil Indian Lemongrass oil	Lavender oil Geranium oil Palmarosa oil Sweet orange oil Peppermint oil Indian Lemongrass oil
Essential Oil Blends		
Essential oil blend for problematic skin	Essential oil blend for anti-aging	Essential oil blend for anti-aging
Base Oils:		
Jojoba oil Avocado oil	Jojoba oil Apricot Kernel oil Avocado oil	Apricot Kernel oil Argan oil





CLASSIFICATION OF ESSENTIAL OILS, OIL BLENDS AND BASE OILS  
BY SKIN CONDITIONS

Essential oil/ Skin condition	Skin prone to inflammation and sensitivity	Irritated, allergy-prone skin	Pigmented, prone to pig- mentation skin	Damaged, scarred skin	Cellulite, poor circulation	Damaged skin barrier, microbiom	Increased sweating	Skin with dilated capillaries
Indian Lemongrass Oil								
lavender oil								
Australian tea tree oil								
grapefruit oil								
geranium oil								
palm rose oil								
ylang-ylang oil								
bergamot oil								
citrus limon oil								
sweet orange oil								
eucalyptus oil								
peppermint oil								
cinnamon oil – not to the face!								

ESSENTIAL OIL blends

essential oil blend for problematic skin								
essential oil blend for anti-aging								

BASE OILS

jojoba oil								
apricot kernel oil								
argan Q10 oil blend								
avocado oil								

COSMETIC EFFECTS OF MONO ESSENTIAL OILS

MONO Essential oil / Effect on the SKIN	Calming, anti- inflammatory	Disinfectant	Regeneration	Hemostatic, wound healing	Astringent	Antioxidant	Energizing, revitalizing, cell protective	Metabolism booster	Sebum regulator	Circulation booster	Hydrating
Indian Lemongrass Oil	●		●		●		●				
lavender oil	●	●	●	●		●	●		●		●
Australian tea tree oil	●	●		●	●		●		●		
grapefruit oil		●			●			●	●		
geranium oil			●	●	●	●	●		●		●
palm rose oil		●	●	●							●
ylang-ylang oil	●						●		●		
bergamot oil	●	●			●				●		
citrus limon oil		●			●	●		●	●		
sweet orange oil		●				●		●			
eucalyptus oil		●									
peppermint oil	●						●				
cinnamon oil – not to the face!		●						●		●	

## MONO ESSENTIAL OILS



SO23038

### INDIAN LEMONGRASS ESSENTIAL OIL 10ml (CYMBOPOGON FLEXUOSUS HERB OIL)

**Function:** Anti-inflammatory, circulation boosting, purifying, toning

**Known as the „elixir of life” in ancient times, Indian Lemongrass oil creates a positive, motivating atmosphere and helps regain mental clarity and concentration.**

- ◆ **Energizing and refreshing:** Boosts alertness and energy levels, promoting a positive mood.
- ◆ **Calming:** Reduces stress and anxiety, contributing to relaxation.
- ◆ **Immune system support:** Strengthens the immune system, helping to fight infections.
- ◆ **Anti-acne:** Antibacterial and anti-inflammatory, effective against acne and blackheads, reducing excessive sebum production.

◆ **Contraindications:** Avoid in the 3 first month of pregnancy and under the age of 6.



SO23048

### GRAPEFRUIT ESSENTIAL OIL 10ml (CITRUS PARADISI PEEL OIL)

**Function:** Disinfection, pore-tightening, energizing, metabolism-boosting, sebum-regulating

**Fresh, light, citrusy grapefruit oil is popular in aromatherapy for its energizing and uplifting effects. It provides a burst of energy, especially during physical and mental exhaustion.**

- ◆ **Refreshing and invigorating:** Increases alertness, boosts concentration, lifts the mood, and helps dissolve negativity.
- ◆ **Stress reduction:** Calms the nervous system, alleviates tension.
- ◆ **Anti-acne:** Purifies and disinfects the skin, fighting acne and reducing excess oil production.
- ◆ **Skin firming:** Helps maintain skin elasticity and prevent sagging.
- ◆ **Cellulite treatment:** Improves skin microcirculation and metabolism, effectively reducing the appearance of cellulite.

◆ **Contraindications:** Avoid in the 3 first month of pregnancy and under the age of 6.



SO23045

### YLANG-YLANG ESSENTIAL OIL 10ml (CANANGA ODORATA FLOWER OIL)

**Function:** Calming, anti-inflammatory, aphrodisiac, balancing

**Known as the „flower of flowers,” Ylang-Ylang is characterized by a seductive, sweet, tropical floral top note and deep, balsamic base notes. It is a true aphrodisiac.**

- ♦ **Calming:** Provides emotional balance, calming both the mind and body, and has a positive effect on sensuality.
- ♦ **Mood booster:** Improves mood, supports emotional balance.
- ♦ **Sleep aid:** Relaxing, promotes restful sleep.
- ♦ **Pain relief:** Mild pain-relieving properties for antispasmodic or muscle pain.
- ♦ **Anti-acne:** Antibacterial, helps combat acne and blackheads.
- ♦ **Seborrheic and oily skin treatment:** Balances sebum production, reduces skin irritation.
- ♦ **Regeneration:** Supports skin cell regeneration, contributing to a healthy, refreshed appearance, maintaining skin softness and hydration.



SO23037

### LAVENDER ESSENTIAL OIL 10ml (LAVANDULA ANGUSTIFOLIA FLOWER OIL)

**Function:** Calming, anti-inflammatory, disinfecting, regenerating, wound healing, energizing, sebum-regulating, moisturizing, antioxidant

**Lavender essential oil is well-known for its pleasant, calming aroma that helps reduce stress and improve sleep. Additionally, its anti-inflammatory properties benefit both the skin and nerves.**

- ♦ **Calming:** Its scent is relaxing, helping restore emotional balance and support overall well-being.
- ♦ **Mood booster:** Its pleasant floral fragrance positively impacts mood, helping to relieve anxiety and depression.
- ♦ **Sleep aid:** Helps promote better sleep, especially in cases of insomnia.
- ♦ **Pain relief:** Mild analgesic, helps alleviate headaches and muscle aches.
- ♦ **Anti-acne:** Reduces oiliness and soothes acne-related swelling.
- ♦ **Skin soothing:** Helps heal bruises, insect bites, and irritation, calming itching and burning.
- ♦ **Regeneration:** Supports skin cell regeneration, aids faster wound healing, and reduces scarring.



SO23041

## **SWEET ORANGE ESSENTIAL OIL 10ml** (CITRUS SINENSIS PEEL OIL)

**Function:** Metabolism boost, toning, lightening

**Sweet Orange essential oil's fresh, invigorating citrus scent refreshes the environment and elevates the mood. It reduces stress and has mood-enhancing and skin-care benefits that help maintain a radiant complexion.**

- 🔥 **Calming:** Its sweet, citrusy aroma is uplifting and energizing, gently improving mood and relieving stress and anxiety.
- 🔥 **Sleep aid:** Promotes better sleep through its relaxing properties.
- 🔥 **Skin firming:** Stimulates skin microcirculation and metabolism, helping maintain elasticity and hydration while reducing stretch marks and other skin imperfections.
- 🔥 **Antioxidant:** Contains natural antioxidants that protect cells from damage caused by free radicals.
- 🔥 **Anti-acne:** Balances sebum production and prevents acne due to its antibacterial properties.
- 🔥 **Contraindications:** slightly photosensitizing, avoid direct sunexposure.



SO23036

## **AUSTRALIAN TEA TREE ESSENTIAL OIL 10ml** (MELALEUCA ALTERNIFOLIA LEAF OIL)

**Function:** Calming, disinfecting, wound healing, pore-tightening, energizing, sebum-regulating

**Australian Tea Tree essential oil is one of the most well-known essential oils, with almost endless uses. It is widely used in skincare, respiratory health, and natural antibacterial care.**

- 💧 **Antibacterial:** Strong antibacterial properties help fight various infections.
- 💧 **Antifungal:** Effective in treating fungal infections such as athlete's foot or nail fungus.
- 💧 **Anti-inflammatory:** Reduces inflammation and helps alleviate pain.
- 💧 **Anti-acne:** Antibacterial properties make it effective against acne and blackheads, especially beneficial for oily, seborrheic skin.
- 💧 **Skin cleansing and toning:** Purifies the skin, removes surface impurities and excess sebum, and helps tighten pores.
- 💧 **Wound healing:** Promotes faster wound healing and regenerates damaged skin.
- 💧 **Contraindications:** Application under 3 years of age consult a certified aromatherapist.





SO23047

## GERANIUM ESSENTIAL OIL 10ml (PELARGONIUM GRAVEOLENS OIL)

**Function:** Regeneration, wound healing, pore-tightening, energizing, sebum-regulating, moisturizing, lightening, antioxidant, antifungals

**With its sweet, rose-like scent and slight citrus notes, Geranium essential oil is one of the most popular oils for emotional balance and harmony.**

- **Calming and stress-relieving:** Helps alleviate tension, supports stress relief, and eases nervousness. Positively impacts mood, uplifting the spirit.
- **Hormonal balance:** Can help regulate the menstrual cycle and alleviate symptoms related to hormonal changes.
- **Regeneration:** Refines the skin, reduces inflammation, and speeds up the healing of scars and skin injuries. Helps stop bleeding.
- **Anti-acne:** Antibacterial and anti-inflammatory, useful in treating acne and skin inflammations.
- **Skin firming:** Helps maintain skin elasticity and firmness.
- **Contraindications:** Avoid continuous use in high concentration under 3 years of age and during pregnancy.



SO23044

## BERGAMOT ESSENTIAL OIL 10ml (CITRUS BERGAMIA PEEL OIL)

**Function:** Calming, disinfecting, anti-inflammatory, pore-tightening, sebum-regulating

**Bergamot is a pleasantly scented citrus fruit. Its light, fresh, fruity, slightly floral essential oil is uplifting and encourages confidence, helping reduce anxiety and stress.**

- **Calming and stress-relieving:** Its pleasant citrus scent has a calming effect, helping to reduce stress and anxiety, promoting relaxation and sleep.
- **Mood booster:** Fresh and invigorating, it positively impacts mood, helping to chase away depression and elevate the spirit.
- **Immune-boosting:** Strengthens the immune system, aiding the body in fighting off illnesses.
- **Disinfecting:** Antibacterial and antifungal, it protects against harmful pathogens.
- **Regeneration:** Supports skin regeneration and helps with the renewal of skin cells.
- **Anti-acne:** Antibacterial, pore-tightening, and cleansing effects make it beneficial for balancing sebum production and fighting acne and blackheads.
- **Contraindications:** photosensitizing avoid sunexposure after use.



SO23040

### **EUCALYPTUS ESSENTIAL OIL 10ml** (EUCALYPTUS GLOBULUS LEAF OIL)

**Function:** Disinfection, circulation-boosting, expectorant

**Eucalyptus essential oil, with its fresh, sharp, camphoraceous top notes and woody, balsamic base notes, is one of nature's wonders, known for its respiratory benefits as well as its refreshing scent that stimulates the mind and body.**

- 💧 **Respiratory support:** Its cooling properties help relieve nasal congestion and clear the airways, useful in cases of colds and flu.
- 💧 **Anti-inflammatory:** Reduces inflammation and can help alleviate muscle pain when applied topically.
- 💧 **Disinfection:** Antibacterial, antiviral, and antifungal properties make it effective in fighting infections.
- 💧 **Refreshing and invigorating:** Inhalation boosts energy levels, stimulates concentration, and refreshes the mind.
- 💧 **Relaxation:** Its fresh, clean scent creates a calming atmosphere, supporting relaxation and improving mood.
- 💧 **Contraindications:** It is not recommended during the first trimester of pregnancy and for children under 6 years old.



SO23043

### **CINNAMON ESSENTIAL OIL 10ml** (CINNAMOMUM ZEYLANICUM BARK OIL)

**Function:** Disinfection, circulation-boosting, warming

**Cinnamon essential oil, with its warm, spicy scent, has an energizing effect on the senses. Its anti-inflammatory and antibacterial properties make it an ideal choice for supporting skin and respiratory health.**

- 💧 **Vitality and energy:** Its warm, sweet, and spicy aroma has a soothing, stress-relieving effect on both body and mind. It creates a pleasant ambiance, energizes and revives, especially when you feel fatigued.
- 💧 **Immune-boosting:** Supports the immune system, with antibacterial and antiviral properties that help fight infections.
- 💧 **Anti-inflammatory:** Helps reduce inflammation in the body.
- 💧 **Cellulite treatment:** Stimulates blood circulation and metabolism, making it effective in treating cellulite.
- 💧 **Skin firming:** Moisturizes and softens the skin, helping maintain its elasticity.

**Contraindication:** Avoid applying directly to the skin. Always use in highly diluted form for topical applications. Exercise caution on sensitive or allergy-prone skin. Do not use on individuals allergic to cinnamon. It is not suitable for use during pregnancy, breastfeeding, or on children.



SO23046

## **PALMAROSA ESSENTIAL OIL 10ml** (CYMBOPOGON MARTINII)

**Function:** Disinfection, regeneration, wound healing, moisturizing, deodorization

**Palmarosa essential oil, with its sweet, rose-like, slightly woody fragrance, is excellent for supporting healthy skin. It is a superb skin regenerator and suitable for all skin types, especially for mature and dry skin.**

- 💧 **Calming, mood-boosting, antidepressant:** Its relaxing and soothing properties help reduce stress and anxiety, with a pleasant floral aroma that improves mood and stabilizes emotions.
- 💧 **Moisturizing:** Helps maintain skin softness and hydration.
- 💧 **Regeneration:** Supports skin cell regeneration, contributing to healthy, fresh skin.
- 💧 **Anti-acne:** Antibacterial and anti-inflammatory properties make it useful for treating acne and skin inflammations.
- 💧 **Wound and scar treatment:** Supports wound healing and helps reduce small scars.
- 💧 **Toning:** Tones the skin, helping to maintain its elasticity and firmness.
- 💧 **Contraindications:** avoid prolonged use during pregnancy and do not use under 6 years of age!

SO23042

## **CITRUS LIMON ESSENTIAL OIL 10ml** (CITRUS LIMON PEEL OIL)

**Function:** Disinfection, pore-tightening, metabolism-boosting, sebum-regulating, antioxidant, air disinfection

**Lemon essential oil, with its pure, fresh, citrusy, and uplifting aroma, helps promote feelings of lightness, joy, and happiness. It is a popular choice for air freshening, supporting focus, and processing worries and doubts.**



- 💧 **Refreshing and invigorating:** Helps boost alertness and concentration.
- 💧 **Immune system support:** Strengthens the immune system, helping to activate the body's defense mechanisms.
- 💧 **Antioxidant:** Contains antioxidants that protect cells from free radical damage.
- 💧 **Digestive support:** Eases digestive problems such as bloating and heartburn, and supports liver function.
- 💧 **Skin cleansing:** Helps remove impurities and toxins from the skin, leaving it clean and refreshed.
- 💧 **Anti-acne:** Antibacterial properties make it effective in fighting acne and blackheads, especially in oily or blemished skin.
- 💧 **Anti-aging:** Antioxidants and vitamin C content help reduce wrinkles and signs of aging.
- 💧 **Contraindication:** slightly photosensitizing, avoid direct sunexposure



SO23039

## PEPPERMINT ESSENTIAL OIL 10ml (MENTHA PIPERITA)

**Function:** Calming, refreshing, vasoconstriction

**Peppermint essential oil, with its fresh, cool, minty scent, revitalizes both body and mind. It is recommended whenever mental freshness is needed, making it a true „wake-up” oil.**

- ◆ **Respiratory support:** Its cooling properties help relieve nasal congestion, supporting freer breathing. Diffusing or inhaling it can relieve nasal and throat issues.
- ◆ **Digestive relief:** Its mild antispasmodic effect can help reduce digestive issues such as bloating, gas, and stomach discomfort.
- ◆ **Headache relief:** Its refreshing properties can help alleviate headaches.
- ◆ **Stress and tension relief:** Provides calming and relaxing effects, helping to reduce stress and tension.
- ◆ **Fatigue-fighting:** Its energizing and refreshing qualities help reduce fatigue and boost alertness.
- ◆ **Mood booster:** Its fresh, minty aroma has a positive effect on mood.
- ◆ **Contraindications:** epilepsy, children under 6 years old and elderly, and in case of glaucoma.

## CREAM AND GEL FOR ESSENTIAL AND BASE OIL BLENDS

These products are suitable for delivering active ingredients and distributing them, but they are also excellent for massage on their own. They can be mixed with any nourishing essential oils or essential oil blends to achieve the desired effect.

SO23062

### VITAMIN E + F REPAIR SILKY CREAM FOR OIL BLENDS 300ml

**Active ingredients:** Vitamin E, Vitamin F, glycerin, squalane

**Function:** Nourishment, hydration, regeneration, protection

This nourishing, hydrating, moisture-retaining vitamin cream with squalane is recommended for facial and body contouring treatments. It supports the skin's natural defense mechanisms while leaving it soft and silky. Its regenerative, revitalizing, antioxidant, and free radical-scavenging properties enhance overall skin health.



SO23063

### HYALURON HYDRO BOOSTER GEL FOR OIL BLENDS 300ml

**Active ingredients:** Hyaluronic acid, glycerin, betaine

**Function:** Nourishment, hydration, moisture retention

This moisture-retaining, hydrating base gel with hyaluronic acid is recommended for facial and body contouring treatments. Its effective hydrating and skin-soothing ingredients make it particularly suitable for dry and sensitive skin.



# ESSENTIAL OIL BLENDS FOR SKINCARE

SO23049

## ESSENTIAL OIL BLEND FOR PROBLEMATIC SKIN

10ml

### Active ingredients:

Ylang Ylang essential oil, lavender oil, palmarosa essential oil, tea tree oil, lemongrass oil

### Function:

Disinfecting effect, anti-inflammatory

### Recommended skin type:

Combination, oily/problematic skin

- 💧 Balances the sebaceous glands' function, supporting the skin's natural balance.
- 💧 Reduces redness and regenerates skin damaged by acne.
- 💧 Thanks to its antibacterial components, it helps eliminate inflamed, red pimples, promoting clearer and healthier skin.



SO23050

## ESSENTIAL OIL BLEND FOR ANTI-AGING

10ml

### Active ingredients:

Lemongrass, geranium essential oil, lavender oil, palmarosa essential oil, frankincense oil

### Function:

Nourishment, skin rejuvenation, hydration

### Recommended skin type:

Aging, dry skin

- 💧 Provides extra support for “thirsty” skin.
- 💧 Its bioactive compounds support epidermal regeneration and reduce redness.
- 💧 Helps balance the skin's moisture content.
- 💧 Contributes to achieving and maintaining a more hydrated, youthful, and toned skin condition and prevents the formation of fine wrinkles.





## BASE OILS AND BASE OIL BLENDS



SO23060

**AVOCADO OIL** 50ml  
(PERSEA GRATISSIMA OIL)

**Cold-pressed, nourishing, and hydrating oil for the care of dry, flaky, and wrinkled skin, helping to maintain skin elasticity and youthfulness.**

- ◆ Rich in essential unsaturated fatty acids.
- ◆ Contains vitamins A, D, and E, and minerals.
- ◆ Easily absorbed into the skin, deeply nourishing it, thereby improving skin conditions related to fatty acid deficiency.
- ◆ Thanks to its antioxidant properties, it protects the skin from free radicals, slowing down skin aging and the formation of wrinkles and spots.



SO23059

**APRICOT KERNEL OIL** 50ml  
(PRUNUS ARMENIACA KERNEL OIL)

**Rich in unsaturated fatty acids and phytosterols, making it more easily absorbed into the skin and providing deep nourishment and hydration.**

- ◆ Supports regeneration and revitalization processes, leaving the skin supple and smooth.
- ◆ Its components are powerful antioxidants, protecting the skin from free radicals, slowing down skin aging, and preventing the formation of wrinkles and spots.
- ◆ Recommended for dry, irritated, and problematic skin, as well as for brittle nails and severely damaged hair.

SO23065

**ARGAN Q10 COENZIM OIL BLEND 50ml**  
(ARGANIA SPINOSA KERNEL OIL)



**Nourishing, energizing, and pampering oil with the combined effects of argan oil and Q10, suitable for revitalizing tired, worn skin. Can be used daily as a facial and body care product.**

- Enhances skin hydration and prevents dryness.
- Its complex argan and olive oil components help protect skin cells from oxidative damage by capturing free radicals.
- Q10 coenzyme helps the cells' energy production and supports oxygen utilization.
- Antioxidant and free-radical scavenger effects.

**Ingredients:** sunflower oil, argan oil, olive oil, isopropyl myristate, ubiquinone, BHT, parfum

SO23061

**JOJOBA OIL 50ml**  
(SIMMONDSIA CHINENSIS SEED OIL)



**Known as „liquid gold” by Native Americans, jojoba oil is suitable for all skin types due to its golden yellow, smooth texture.**

- Excellent moisturizing properties that leave a velvety, non-oily skin feel while slowing water loss and enhancing skin elasticity and softness.
- Helps remove hardened sebum from the hair follicles, thus keeping them clean and functioning properly.

## DIFFUSER BLENDS

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SO23052

### **PLEASANT DREAMS ESSENTIAL OIL BLEND 30ml**

#### **Active ingredients:**

Sweet orange oil, lavender oil, ylang-ylang oil, geranium oil, frankincense oil

#### **Function:**

Relaxation, calming, stress relief

#### **Forget the stresses of everyday life with this relaxing essential oil blend!**

Thanks to its carefully selected components, it promotes relaxation and easing of tension, alleviates insomnia symptoms, and aids in falling asleep. It has a calming effect on both body and mind, helping to quiet the mind and relax.



SO23055

### **MAGICAL MOMENTS ESSENTIAL OIL BLEND 30ml**

#### **Active ingredients:**

Lemon essential oil, sweet orange oil, Ceylon cinnamon oil, ylang-ylang essential oil, frankincense oil, cedar oil

#### **Function:**

Relaxation, calming, stress relief

#### **Let yourself be enchanted by this captivatingly exotic scent, which invites you to discover a new world!**

It promotes relaxation and letting go, calming both body and mind, ensuring light relaxation and enhancing the sensual glow of romantic moments. Alongside the citrus fragrance, exotic and intoxicating ylang-ylang and spicy cinnamon provide life energy and surround you with a sensual aura.

SO23056

### **WELL-BEING ESSENTIAL OIL BLEND 30ml**

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**Active ingredients:**

Lemon essential oil, Indian lemongrass oil, eucalyptus oil, tea tree oil

**Function:**

Energizing, disinfecting, immune-boosting

**Boost your body's energy levels and natural immunity by inhaling this fresh, intense, purifying fragrance!**

This true energy-boosting composition has antibacterial effects. Inhaling the energy-rich scent creates a pleasant cooling effect in the airways, promotes easy breathing, and supports sinus cleansing. Its air disinfecting effect is also remarkable.

SO23051

### **WISPY HONOUR ESSENTIAL OIL BLEND 30ml**

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**Active ingredients:**

Bergamot essential oil, sweet orange oil, ylang-ylang essential oil, lavender oil, cedarwood oil

**Function:**

Encouragement, energizing, mood improvement, relaxation

Stay motivated and make your dreams come true! This uplifting and encouraging fragrance composition helps maintain emotional balance, boosts self-confidence, and evokes a positive attitude. Its relaxing, mood-enhancing, and energizing effects uplift the heart and soul, restoring emotional balance and supporting physical and mental well-being.

SO23053

## **CITRUS SPLASH ESSENTIAL OIL BLEND 30ml**



### **Active ingredients:**

Bergamot essential oil, lemon essential oil,  
Indian lemongrass oil, sweet orange oil, grapefruit oil

### **Function:**

Uplift, mood enhancement, inspiration, motivation

**Dive into the juicy citrus scents that provide a positive mood and the feeling of „Dolce Vita,” and experience the Mediterranean sunshine.**

Creates a light atmosphere, fills the space with an uplifting scent, and naturally disinfects the air. It is a great mood enhancer, boosting vitality, and aiding mental clarity during creative work or study. Its air disinfecting effect is also remarkable.

SO23054

## **PURE IDEAS ESSENTIAL OIL BLEND 30ml**



### **Active ingredients:**

Peppermint essential oil, lemon essential oil,  
Indian lemongrass oil, ginger oil, cypress oil

### **Function:**

Energizing, inspiring, motivating

**Clear your thoughts and sharpen your mind with this alertness-enhancing essential oil combination!**

It helps improve mental alertness and concentration, making it ideal for daily study or work processes. It creates an energizing and stimulating environment that provides an inspiring, motivating, and positive feeling.



# EXPERT TIPS:

- 🌸 **Prepare** for Welcoming Your Client!
  - 🌸 **Add a few drops of an essential oil blend** to the diffuser that suits your client's personality or current life situation. (The amount depends on the amount of water and the size of the room, so it's recommended to test it beforehand! The scent in the room should not be too strong!)
  - 🌸 **Keep the lighting** in your beauty salon **soft**, and play **gentle music**.
  - 🌸 Prepare the client's robe and all the materials and tools you will need for the treatment.
- 🌸 **After diagnosing** the client, select the essential oils or oil blends suitable for their skin type or skin issues, and let the client „**smell**” them. Ask which one they find most pleasant and which one less so.
- 🌸 Throughout the treatment, you may use a **MAXIMUM of 8 drops** of essential oil, to be mixed into a base oil or base oil blend, or into cosmetic products, or even into rinsing water! (For sensitive skin, use 6 drops!)
- 🌸 **It is recommended to distribute the essential oils and blends into the Solanie Aroma Sense Hydro Booster Gel or Solanie Aroma Sense E- & F-Vitamin Repair Cream.**

<b>BASE – Base oils, base oil blends</b>	<b>MONO essential oils, essential oil blends</b>	<b>GEL or CREAM</b>
	According to the client's skin type/skin issue and preferences, use a maximum of 6-8 drops during the entire treatment.	Place the base oil-essential oil blend into this, then massage it in.

## TIPS

You can enhance traditional treatments with essential oils. **It is important to use a maximum of 1-2 drops of essential oil** and, preferably, add it to a product that is not already highly fragranced, as it may already contain essential oils. For example, you can mix it into **Solanie alginate masks** before blending, or **into a base oil**. For mature skin, you can use it during massage by mixing it with **Solanie Nourishing Massage Cream**, or for problematic skin, with or without a base oil, in the **Solanie Silk Touch Neck-Décolleté and Body Lotion**.



# TREATMENT PROTOCOL IDEAS

## TREATMENT PLAN FOR NORMAL, BUT DEHYDRATED SKIN THAT NEEDS EXTRA BRIGHTNESS

### STEP 0: SCENTED WELCOME RITUAL

For one drop of base oil, add 2 drops of your favorite essential oil. Rub it gently in the palm of your hand and, without touching it, form a dome over the guest's face so that he can inhale the scent. Hold for 3 breaths, then press the shoulders three times. After that, just put on the headband.

### 1. CLEANSING

- ▶ Solanie Cleansing Milk for sensitive skin

### 2. EXFOLIATION

- ▶ Solanie Pro Fine Enzyme Peeling
- ▶ For removing the peeling use hydroabrasion equipment if available.

### 3. TONING

- ▶ Solanie Grape-Hyaluron toner

### 4. ACTIVE INGREDIENT APPLICATION

- ▶ 5 drops - Solanie Vita White Vitamin C Serum
- ▶ 5 drops - Solanie Gold Hyaluron Serum
- ▶ 5 drops - Solanie Skin Nectar Hydrating Serum with natural NMF's

### IN CASE OF THE USE OF ULTRASOUND:

Solanie Aroma Sense Hyaluron Hydro Booster gel for oil blends

### 5. MASSAGE

- ▶ Solanie Aroma Sense Vitamin E + F Repair silky cream for oil blend
- ▶ 1 "pump" (approx. 5-10 ml) of Solanie Argan Q10 oil blend and/or Solanie Apricot kernel oil
- ▶ 1 drop each of sweet orange, geranium and palmarosa

### 6. NOURISHING MASK FOR THE FACE

- ▶ Solanie Alginate Sensitive Skin mask
- ▶ + 1 drop of Solanie Citrus limon essential oil

### 7. NOURISHING MASK FOR DECOLLETE

- ▶ Solanie Argan plant stem cells Moisture moisturizing & tightening mask

### 8. HAND AND ARM MASSAGE

- ▶ 1 teaspoon approx. 3ml base oil + 1 drop of grapefruit, 1 drop of citrus limon, 1 drop of ylang-ylang



# TREATMENT PROTOCOL IDEAS

## TREATMENT PLAN FOR **MATURE SKIN**

### STEP 0: SCENTED WELCOME RITUAL

For one drop of base oil, add 2 drops of your favorite essential oil. Rub it gently in the palm of your hand and, without touching it, form a dome over the guest's face so that she can inhale the scent. Hold for 3 breaths, then press the shoulders three times. After that, just put on the headband.

#### 1. CLEANSING

- ▶ Cleansing Milk for sensitive skin

#### 2. EXFOLIATION

- ▶ Solanie Pro Fine Enzyme Peeling

#### 3. TONING

- ▶ Solanie Phyto tonic lotion

#### 4. ACTIVE INGREDIENT APPLICATION

- ▶ 5 drops - Solanie Skin Nectar  
No. 2 Redness Neutralizer Serum
- ▶ 5 drops - Solanie Skin Nectar  
No. 3 Elastin Serum
- ▶ 5 drops - Solanie Skin Nectar  
No. 7 Hyaluronic Acid Serum

#### IN CASE OF THE USE OF ULTRASOUND:

Solanie Aroma Sense Hyaluron Hydro Booster gel for oil blends

#### 5. MASSAGE

- ▶ Solanie Aroma Sense Vitamin E + F Repair silky cream for oil blends
- ▶ One "pump" (approx. 5-10 ml) of Solanie Argan Q10 Oil and/or Solanie Apricot kernel oil
- ▶ 3 drops of Solanie Essential oil blend for anti-aging

#### 6. NOURISHING MASK

- ▶ Solanie Alginate Sensitive Skin mask
- ▶ + 1 drop of Solanie Oil blend for anti-aging

#### 7. NOURISHING MASK FOR DECOLLETE

- ▶ Solanie Argan plant stem cells  
Moisture moisturizing & tightening mask

#### 8. HAND AND ARM MASSAGE

- ▶ 1 teaspoon approx. 3ml base oil  
+ 1 drop of sweet orange, 1 drop of lavender, 1 drop of ylang-ylang

Instead of the essential oil blend, we can use the following essential oils (ensuring that a maximum of 6 drops are used during the treatment for sensitive skin, and 8 drops for other skin types in total):



Ylang-ylang  
Oil



Lavender  
Oil



Geranium  
Oil



Palmarosa  
Oil



Sweet orange  
Oil

# TREATMENT PROTOCOL IDEAS

## TREATMENT PLAN FOR **PROBLEMATIC SKIN**:

### STEP 0: SCENTED WELCOME RITUAL

For one drop of base oil, add 2 drops of your favorite essential oil. Rub it gently in the palm of your hand and, without touching it, form a dome over the guest's face so that he can inhale the scent. Hold for 3 breaths, then press the shoulders three times. After that, just put on the headband.

### 1. CLEANSING

- ▶ Aloe Vera Intensive Cleansing Foam

### 2. EXFOLIATION

- ▶ Pro Fine Enzyme Peeling

### 3. TONING

- ▶ Solanie Black Tonic or Solanie Grape-hyaluron hydro tonic



### 4. ACTIVE INGREDIENT APPLICATION

- ▶ 5 drops - Solanie Skin Nectar No. 1 Moisturizing Serum
- ▶ 5 drops - Solanie Skin Nectar No. 2 Redness Neutralizer Serum
- ▶ 5 drops - Solanie Skin Nectar No. 9 Niacinamide 10% + Hyaluronic Acid Serum


### IN CASE OF THE USE OF ULTRASOUND:

Solanie Aroma Sense Hyaluron Hydro Booster gel for oil blends

### 5. MASSAGE

- ▶ Solanie Aroma Sense Hyaluron Hydro Booster gel
- ▶ + Jojoba or Avocado Oil 
- ▶ + 3 drops essential oil blend  for problematic skin.

### 6. NOURISHING MASK FOR THE FACE

- ▶ Solanie Alginate Sensitive Skin mask
- ▶ + 1 drop of essential oil blend  for problematic skin

### 7. NOURISHING MASK FOR DECOLLETE

- ▶ Solanie Seboherbal fitomask

### 8. HAND AND ARM MASSAGE

- ▶ 1 teaspoon approx. 3ml base oil + 1 drop of Citrus limon, 1 drop of lavender, 1 drop of bergamot



Instead of the essential oil blend, we can use the following essential oils (ensuring that a maximum of 6 drops are used during the treatment for sensitive skin, and 8 drops for other skin types in total):



Australian  
Tea Tree  
Oil

Lavender  
Oil

Geranium  
Oil

Ylang Ylang  
Oil

Citrus  
Limon Oil

Eucalyptus  
Oil

Grapefruit  
Oil



# Solanie

PROFESSIONAL COSMETICS

**AROMA SENSE**

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